

# GRAFIK ZAJĘĆ FITNESS

## FITNESS CLASSES TIMETABLE

ważny od 11-08-2021

valid from 11-08-2021

PONIEDZIAŁEK MONDAY	WTOREK TUESDAY	ŚRODA WEDNESDAY	CZWARTEK THURSDAY	PIĄTEK FRIDAY	SOBOTA SATURDAY	NIEDZIELA SUNDAY
<b>09:00</b> ABS & Power Yoga fitness studio Dagmara 120'	<b>10:00</b> Hatha Yoga fitness studio Ewa 90'	<b>09:30</b> ABS & Power Yoga fitness studio Dagmara 120'	<b>10:00</b> Hatha Yoga fitness studio Ewa 90'	<b>10:00</b> Pilates fitness studio Kasia 60'  <b>10:00</b> Hatha Yoga pool area Ewa 90'	<b>9:30</b> ABS & Power Yoga fitness studio Dagmara 120'	<b>09:45</b> ABS & Power Yoga fitness studio Dagmara 120'
<b>11:30</b> Aqua fitness pool Kasia 60'		<b>11:30</b> Aqua fitness pool Kasia 60'				
		<b>17:00</b> Hatha Yoga fitness studio Ewa 90'	<b>18:00</b> Aqua fitness pool Kasia 60'	<b>20:30</b> Spine Yoga fitness studio Ewa 60'		



Wellness Club Regent